



G/T Seminar in Grades 7-9

Junior High G/T Seminar is designed to support Honors students in grades 7-9. Any student who is enrolled in at least one Honors class will receive monthly Gifted and Talented services through G/T Seminar.

Social & Emotional Well-Being

- Stress Management Strategies
- Advocating for Self and Others in a Respectable Manner
- Organizational Skills
- Time Management Skills
- Goal Setting
- Adolescent Brain Development (Why do I do that?)

Critical Thinking, Creative Thinking, and Problem Solving

- Puzzles (Deductive Reasoning, Critical & Logical Thinking)
- Brain Teasers
- Hands-On Problem Solving Activities

Planning for Future

- 7th Grade
 - Expectations and Rigor of the Honors Program
 - Future Opportunities and Benefits of the CPS Honors/AP Program
- 8th Grade
 - Scheduling and Course Sequencing 9th-12th Grade
 - Expectations of Honors Courses at the 9th Grade Level

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- 9th Grade
 - 4-Year Plan and Honors/AP Course Sequencing 9th-12th Grade
 - College Resume
 - Possible Future Scholarship Opportunities
 - CHS Junior and Senior Students as Guest Speakers
 - G/T Seminar I & II Teacher as Guest Speaker
 - Goals for Graduating with Honors, High Honors, or Distinguished High Honors
 - Benefits of AP Academy at the High School Level

Test Prep for High Stake Exams

- 7th Grade
 - Introduction of the Importance of High Stake Exams
 - Standardized Testing Strategies
 - Cambridge Non-Negotiable Skills Book, Level I
- 8th Grade
 - Importance of High Stake Exams, Such as the ACT and the PSAT
 - Standardized Testing Strategies
 - Introduction to Chad Cargill's ACT Test Prep Book
- 9th Grade
 - Details About the ACT and the PSAT
 - Opportunity to Take the PSAT 8/9
 - Standardized Testing Strategies
 - ACT/PSAT Skills Based on current CHS Testing Data

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